

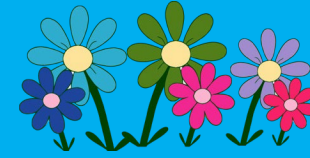
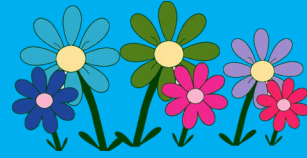
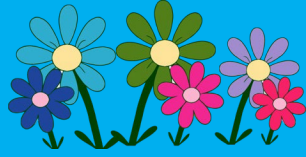
April



2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2 Virtual Chair Yoga and Meditation (every Saturday) Register Here
3	4	5 Food Friends and Fun Zoom Sessions 1-1:30 PM	6 Dementia Friend Session Register Here	7	8	9 Free Dental Screenings (every Saturday) Learn More Here
10	11	12 Food Friends and Fun Zoom Sessions 1-1:30 PM	13	14	15	16
17	18 Easter/Spring Lunch Celebration @ Evergreen Community Center	19 Food Friends and Fun Zoom Sessions 1-1:30 PM	20	21 American Heart Association Greater Bay Area Hard Hats with Heart Register Here	22	23
24	25	26 Celebrating ACL's 10th anniversary 1-2:30PM Join us!	27	28	29 Blood Pressure Screening 2:00-4:30 PM @Biblioteca Latinoamericana	30
31						

May

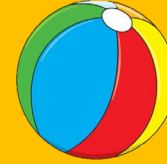


2022

Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 AACI Spring/Summer Senior Wellness Program Catalog Click Here	2 Join the "Strategies to Empower Asian American Patients with Diabetes and Pre-Diabetes", Please contact training@aapcho.org	3	4 Tech Time Assistance for Active Adults (55+)-Virtual (every Wednesday)	5 Cinco de Mayo Lunch Celebration @ Seven Trees and Evergreen Community Center	6 Mother's Day Lunch Celebration @ Evergreen Community Center	7 Blood Pressure Screening 2:00-4:30 PM @ Biblioteca Latinoamerica Free Dental Screenings (every Saturday) Learn More Here
8	9	10 Blood Pressure Screening 2:00-4:30 PM @ Biblioteca Latino America	11	12	13	14
15 Older Adult Mental Health Awareness Day 7:00 am to 12:30 pm Register HERE	16	17	18	19	20 City of Santa Clara Be Strong, Live Strong Wellness Fair 10:00am-1pm Fremont Park, 1303 Fremont St, Santa Clara	21
22	23	24	25	26	27 Memorial Day Lunch Celebration @ Evergreen Community Center	28
29 Memorial Day Holiday	30					

June



2022

Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2 Tech Time Assistance for Active Adults (55+)-Virtual (every Wednesday)	3	4	5 Free Dental Screenings (every Saturday) Learn More Here
6	7	8	9	10	11	12
13	14	15	16	17 Father's Day Lunch Celebration @ Evergreen Community Center	18	19
20	21	22	23	24	25	26
27	28	29	30	31		