

Upcoming Events

Tech Time Assistance for Active Adults (55+)- Online Event: July 13, July 20, and July 27

Do you know an Active Adult who desires the tools and training needed to start using the internet, a smart phone, or become a fervent user of technology? Well, here is their chance to gain free access to appropriate tools and training. Space is limited. 10:30am-12:00pm. For more information: [Click Here](#)

AACI Wednesday Lunch and Learn (in-person)- July 20

Enjoy nutritious meals with friends and learn new community resources. Suggested meal contribution: \$3.00 for 60 +/\$9.00 guests. 11:30am-12:30pm: Stroke Awareness and Tips. Call for more information: 408-975-2730 Ext. 239

Behavioral Health's Community Planning for Older Adults- July 20 and 22

See the results of the Mental Health Community Survey and focus groups. Share your feedback on the mental health and substance use needs of adults and older adults at the Mental Health Services Act FY2024-2026 Community Program Planning Process Retreats! These two-part sessions will be held on July 20 and 22 from 9:30 AM to 12:30 PM. Plan to attend both sessions, or at least one, in person at the Social Services Agency, 353 W Julian St, San Jose. Visit the [website](#) for more information and register on [Eventbrite](#).

VTA Train the Trainer Academy- July 21

Are you frustrated with not knowing how to use the transportation system? Having a hard time helping your clients use public transportation? VTA's Train the Trainer Academy gives care providers and senior volunteers the foundation to confidently teach seniors how to use VTA Buses safely and confidently and Light Rail to access their community. 9:00 am to 12:30 pm. [Register online](#).

Senior Safari at Happy Hollow Park and Zoo- July 28, August 25, September 22, October 27

Visitors aged 50 and up are invited to take over San Jose's iconic Happy Hollow Park & Zoo for Senior Safari 2022, presented by Kaiser Permanente. Come feel like a kid again and enjoy animal meet-and-greets, fresh air and rustling trees, and a variety of activities. FREE admission and parking! Call 408-794-6400 or click here for more information: [Happy Hollow Park & Zoo](#)

Silicon Valley Pride Week August 22-26, 2022

This family-friendly event is a celebration of the LGBTQ+ community and its allies and will be held Sunday, August 28 in downtown San Jose at Plaza de Cesar Chavez Park. For more information on Silicon Valley Pride Week events, [click here](#).

Senior Agenda Network Summit in August

Stay tuned for the Seniors' Agenda Network Summit coming in late August. This will be an in-person event focusing on ageism in an Age-friendly world.

A Day of Action: California for All Ages & Abilities in Sacramento- September 20

SAVE THE DATE: for a full day, in-person event at the Sacramento Convention Center as we ask and explore the question: Are You **READY?**

We are **Re-envisioning Equity, Aging, and Disability, & You** are part of it all. Together we are gathering with our stakeholders to present the priorities and platforms that impact aging, disability and equity. Be part of the progress as we move forward with California's Master Plan for Aging, and what 21st century readiness could look like. This full day of events will elevate the platforms of our stakeholders, their individual committees, and their collective voices as we prioritize the Master Plan for Aging in years three and four.

Hear from some inspiring and well-known people, as well as those whose voices sometimes aren't heard from enough, through a series of big room events and breakout room smaller sessions as well. Additional details, agenda, and registration information to follow in the weeks to come. Learn more about the state [Master Plan for Aging](#).

Happening Now!

CalFresh EBT at Local Farmer's Markets

Most Santa Clara County Farmers' Markets now accept CalFresh EBT cards or WIC Farmers' Market Checks. A recipient can swipe their EBT card at the market info booth and get CalFresh dollars to spend at the market. Many markets also have a FREE matching program called Market Match. For every CalFresh dollar that is spent, they will receive a dollar-for-dollar match up to \$10 per day to spend on fruits and vegetables.

Find fresh fruit and vegetables, food vendors, and more! [Visit a Farmer's Market Near You!](#)

Housing Element for All Cities!

Every city in Santa Clara County is updating their Housing Element, a long-range plan for the housing needs of their residents at all income levels. This gives advocates a once-in-a-decade chance to see their priorities for the housing needs of older adults included in each city's long-range plans. [Learn more and find helpful resources to advocate for the housing issues you care about!](#)

RYDE Program

RYDE is a curb-to-curb transportation and local trip planning service for adults 65 years of age or older living in certain parts of Santa Clara County. RYDE can be used for appointments, grocery shopping, visits with friends, other local trips, doctors' offices, hospitals, the Sunnyvale CalTrain Center, and the Veterans Hospital in Palo Alto (non-emergency trips only).

RYDE Scheduling

To request a ride, call 2 business days in advance. Rides can be booked up to 4 weeks ahead. Residents living in the following zip codes 95118, 95119, 95122, 95123, 95139 can schedule a ride by contacting (408) 755-7614 or RYDE@ssa.sccgov.org. For all other RYDE areas, visit www.rydescc.org.

For more information about eligibility, destinations, and fees, visit

<https://socialservices.sccgov.org/food-assistance/transportation-services-older-adults>

Internet And Smartphone Access Among Low-Income Older Adults

The National Council on Aging (NCOA) has created this new data visualization tool to help professionals understand more about the characteristics of low-income older adults (age 60+ with incomes below 150% of the Federal Poverty Level) in their area. The data are from the [2019 American Community Survey](#), the most recent data available. [Use this link](#) to access the tool.

Become a Dementia Friend!

Dementia Friendly America seeks to foster communities that are informed, safe and respectful of individuals living with dementia, their families and care partners. The Dementia Friends program is a global movement designed to help everyone in a community understand what dementia is and how it affects people. There are now more than 117,000 Dementia Friends across the country! As this year's Older Americans Month winds down, help spread the word to create inclusive environments and make a difference for people touched by dementia.

Becoming a Dementia Friend is quick and easy. In fact, you can become a Dementia Friend [online](#).

Stay Sharp: A Healthy Brain at Any Age – Recording Available

The June Brain Health Symposium highlighted how our mental health and cognitive health are inextricably linked. Dr. Doug Noordsy, M.D., Director of Lifestyle Psychiatry at Stanford University, focused on various lifestyle strategies for promoting cognitive health, highlighting exercise. Eric Dowdy, Policy Director of the state Alzheimer's Association shared an update on legislation and policy proposals and included simple action steps you or your organization can take to promote brain health in your community. This webinar was co-hosted by Santa Clara County Seniors' Agenda and Santa Clara County Public Health Department. [View the recording here.](#)

City of San Jose's Older Adult Digital Engagement Project: Need a Tablet to Connect with Family?

The City of San Jose is looking to engage older adults to increase social engagement, teach digital literacy skills, and participate in virtual recreation programs. The project includes assistance in enrolling in low-cost broadband, 90-day tablet checkout, virtual recreation classes, and monthly wellness calls. Contact your local City of San Jose community center or Edwardson Sabando at Edward.sabando@sanjoseca.gov.

New Affordable Connectivity Program

The Federal Communications Commission (FCC) replaced its Emergency Broadband Benefit (EBB) with the new Affordable Connectivity Program (ACP). EBB recipients will need to enroll in ACP. The ACP is funded by the Federal Infrastructure and Jobs Act. There are some differences in the new benefit. One area of concern is that the monthly benefit has been reduced from \$50 to \$30 per month for households not located on qualifying Tribal lands. <https://www.fcc.gov/broadbandbenefit>

Help the Registrar of Voters Go Green

By the end of 2022, the Registrar of Voters' Office wants to reach a goal of at least 100,000 voters opting to receive their County Voter Information Guide electronically. The voter guide is the informational booklet sent to each registered voter before each election. If the 100,000 goal is reached, more than 24 tons of paper – 408 trees – will be saved each election! As a Santa Clara County resident, you can help achieve this goal. [Click here](#) to sign up to receive your County Voter Information Guide electronically.