



## Department of Aging and Adult Services

(408) 755-7600

[www.sccgov.org/daas](http://www.sccgov.org/daas)

## Adult Protective Services

(408) 975-4900

24-Hour Report Line: (800) 414-2002

## In-Home Supportive Services

(Medi-Cal eligibility required)

(408) 792-1600

## Public

## Administrator/Guardian/ Conservator

(408) 755-7610

## Senior Nutrition Program

(408) 755-7680

## Seniors' Agenda

(408) 755-7600

[www.agefriendlysiliconvalley.org](http://www.agefriendlysiliconvalley.org)



## 211 Santa Clara County

Receive free, non-emergency community, health, and disaster information in Santa Clara County. 211 is confidential and available in over 170 languages.

**24 hours a day, 7 days a week**

dial 2-1-1

[www.211bayarea.org](http://www.211bayarea.org)



**SOURCEWISE**  
COMMUNITY RESOURCE SOLUTIONS

Sourcewise provides education, expertise, and quality support services to all seniors in Santa Clara County.

(408) 350-3200

[www.mysourcewise.com](http://www.mysourcewise.com)

# A Good Place to Start



Resources for  
Older Adults in  
Santa Clara County

Revised 2020

## Counseling

**Catholic Charities Older Adult Behavioral Health Service**  
(408) 325-5127  
[www.catholiccharitiesscc.org](http://www.catholiccharitiesscc.org)

**Behavioral Health Services - SCC**  
(800) 704-0900 / (408) 885-5673  
[www.sccgov.org/sites/bhd](http://www.sccgov.org/sites/bhd)

**Veteran's Administration**  
Mental Health: (800) 455-0057  
Psychiatry: (650) 493-5000  
[www.paloalto.va.gov](http://www.paloalto.va.gov)

**Friendship Line - 24/7**  
(800) 971-0016

## Nutrition

**Senior Nutrition Program**  
(408) 975-4860  
[www.sccgov.org/snp](http://www.sccgov.org/snp)

**Meals on Wheels**  
(408) 350-3200, option 4  
[www.mysourcewise.com/meals-wheels](http://www.mysourcewise.com/meals-wheels)

**Second Harvest Food Bank**  
(800) 984-3663  
[www.shfb.org/get-food](http://www.shfb.org/get-food)

## Elder Abuse

**Adult Protective Services**  
(408) 975-4900  
[www.sccgov.org/sites/ssa/daas/aps](http://www.sccgov.org/sites/ssa/daas/aps)

**Long Term Care Ombudsman**  
(408) 944-0567  
[www.catholiccharitiesscc.org](http://www.catholiccharitiesscc.org)

## Legal

**Law Foundation of Silicon Valley**  
(408) 293-4790  
[www.lawfoundation.org](http://www.lawfoundation.org)

**Senior Adults Legal Services (SALA)**  
(408) 295-5991  
[www.sala.org](http://www.sala.org)

## Transportation

**Avenidas Door to Door**  
North County  
(650) 289-5411  
[www.avenidas.org](http://www.avenidas.org)

**Heart of The Valley Services for Seniors**  
West Santa Clara Valley  
(408) 241-1571  
[www.servicesforseniors.org](http://www.servicesforseniors.org)

**R.Y.D.E.**  
Zip Codes 95032, 95070, 95030,  
95120, 95124  
(408) 868-1257, [RYDE@sascc.org](mailto:RYDE@sascc.org)

Zip Codes 95008, 95009, 95011,  
95014, 95129, 95130  
(669) 220-0831,  
[RYDEinfo@wvcommunityservices.org](mailto:RYDEinfo@wvcommunityservices.org)

Zip codes 95037, 95038  
(408) 310-4250, [RYDE@mhcrc.org](mailto:RYDE@mhcrc.org)  
[www.rydescc.org](http://www.rydescc.org)

**VTA Customer Service**  
(408) 321-2300  
[www.vta.org](http://www.vta.org)

## Specific Populations

**Asian Americans for Community Involvement (AACI)**  
(408) 975-2730  
[www.aaci.org](http://www.aaci.org)

**Billy DeFrank LGBTQ Community Center**  
(408) 293-3040  
[www.defrankcenter.org](http://www.defrankcenter.org)

**India Community Center**  
(408) 934-1130  
[www.indiacc.org](http://www.indiacc.org)

**Indian Health Center**  
(408) 445-3400  
[www.indianhealthcenter.org](http://www.indianhealthcenter.org)

**Jewish Family Services of Silicon Valley**  
(408) 556-0600  
[www.jfssv.org](http://www.jfssv.org)

**Portuguese Organization for Social Services and Opportunities (POSSO)**  
(408) 293-0877  
[www.portugueseccenter.org](http://www.portugueseccenter.org)

**Vietnamese Voluntary Foundation**  
(408) 532-7755  
[www.vivousa.org](http://www.vivousa.org)

**Yu-Ai-Kai**  
(408) 294-2505  
[www.yuaikai.org](http://www.yuaikai.org)

**Korean American Community Services**  
(408) 920-9733  
[www.kacssv.org](http://www.kacssv.org)